

Case Study

Thames Water
British Culture Course

Prior to attending the British Cultural Awareness training course, I was not aware of British, Irish, Scottish and Welsh cultures, food habits, national flowers and population.

This course has given me the opportunity to understand the different cultures and habits of the UK, which means I am able to adapt, follow and respect the culture, body language and behaviours of British people. I have also got a better understanding of the differences between the religions and also why people travel from one country to another.

It has made me more confident while speaking to British friends and colleagues, and I am able to understand and appreciate the culture they follow. I have started to make conversation with office colleagues to become familiar about their favourite television programmes, their weekend plans etc. I have started watching the programmes that my office mates watch so I have things to discuss with them the next day and am now enjoying attending team events and going to pub on a monthly basis.

I have used some of the things learned at home with my family such as table manners and how to arrange a table for dinner and I have been encouraging my family to follow these manners, I also identified television programmes I may be interested in and have started watching them on the BBC. During the Christmas period we attended a pantomime as a family, which we would not have done previously.



Revathi Pattabiraman
Senior Internal Auditor
Thames Water

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Integrating
INTO BRITISH LIFE

Enhancing
Cultural
Awareness

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